

GO INTO BLISSFUL SAMADHI AGAIN AND AGAIN IN MYSTICAL JOSHUA TREE, CALIFORNIA

MEDITATION RETREAT

SELF AWARENESS INSTITUTE
WITH STEVEN S. SADLEIR
OCTOBER 24-26, 2008

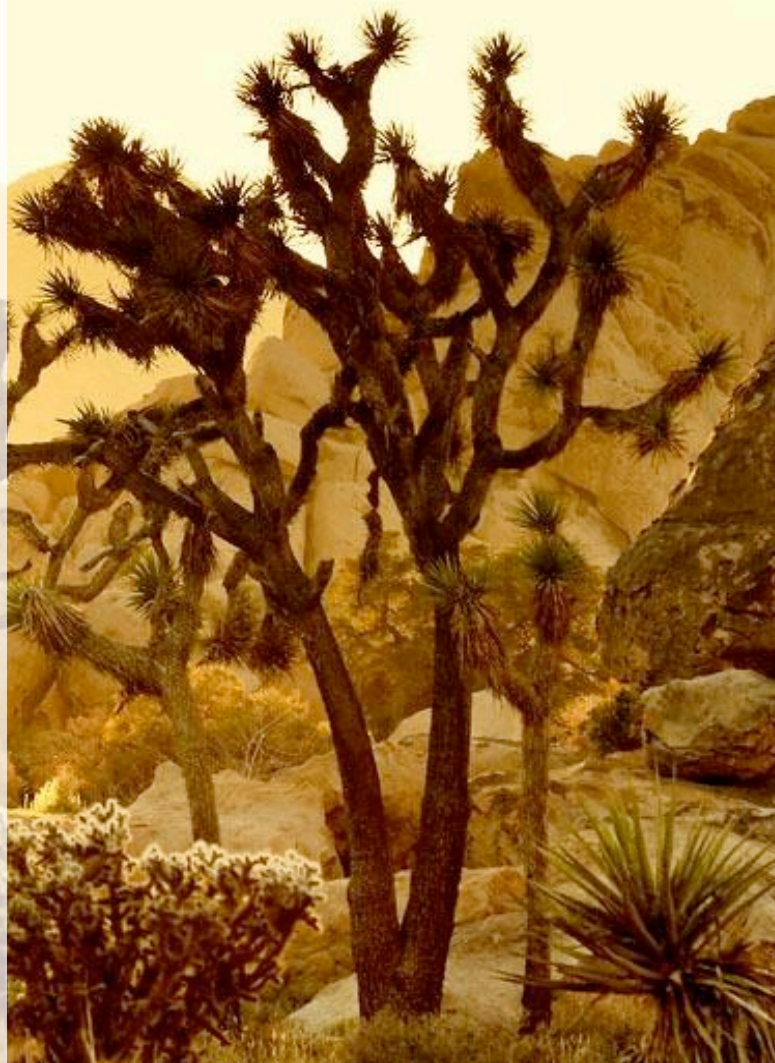
Imagine all weekend long you allow yourself the **time to meditate, play and open yourself to receive the love, beauty and joy that surrounds you.** Held at the oldest & largest spiritual retreat center in the Western U.S. where other great teachers have walked before.

Steven S. Sadleir will guide meditations & hold classes throughout the weekend. **What makes this retreat special is Steven's ability to transmit Shakti so meditation becomes easy, effortless & enjoyable.** Tap into your higher awareness, feel the bliss of meditation, and make a **shift** in your spiritual, mental & emotional life.

Have a chance to talk, walk, laugh, learn new techniques, enjoy a love tap, explore, connect with some of the most conscious people on the planet, and practice living in the Presence.

THE BREAKDOWN:

- Begins Friday, 10/24/08 with Dinner
- Ends Sunday, 10/26/08 with Lunch
- Fly into Palm Springs or Ontario Airport
- Held at the Institute of Mental Physics
- SAI Tuition: \$250
- Room & Board: \$220
- Fresh, organic meals & snacks
- Open spaces, sacred meditation locations
- We will have the entire facility to ourselves



Steven S. Sadleir
Shaktipat Master

REGISTER FOR THIS MEDITATION RETREAT

► **Step 1:** Register with us either online at <http://tinyurl.com/6buaru> or over the phone at **949-355-3249**.

► **Step 2:** Reserve your room and meals at the Institute of Mental Physics: Debbie at **760-365-8371** or debbie.jtrc@yahoo.com

► **Self Awareness Institute**
949-355-3249
info@SelfAwareness.com
www.SelfAwareness.com